

Welcome

Thank you for your interest. 2NINER is happy to welcome you into our community. We strive to offer the best experience to our athletes and supporters. Our mission is simple, to be world class.

In the past three years our athletes have succeeded at all levels of the sport. We have devoted our time, energy, and focus on advancing skills in the 29er. This devotion has resulted in a landmark summer.

Beyond the boat, we are committed to developing good people of character. Sailing at this level is about gaining skills to manage stress, improve productivity, develop people skills, goal setting and execution.

We are passionate about developing leading youth athletes in the sport of sailing. Who will grow to become leading athletes, business leaders, and good people. Our approach is collaborative, strategic, and fun.

This Welcome Packet outlines the vision and approach of our operation, as well as the procedures, policies, and nitty-gritty of how we do things.

Again, thank you and welcome,



Philip Muller

Philosophy

Our approach to developing competitive and skilled sailors is collaborative and process oriented. We are inclusive; we believe cooperation bolsters athlete success. We advocate fleet learning, sharing, and joint training. A rising tide lifts all boats.

Process, not result, guided orientation focuses athlete effort and action on skill development. Success is when an athlete rises to and beyond the margins of their potential. Constant learning requires an athlete to compare one's progression against oneself. Our programming is designed to push all athletes, regardless of skill, to their next level.

Mission

To improve our operation, coaching, and sailor's experience and education. We want to run the best sailing program in the world. We want our sailors to be world class. We want to grow and support the expansion of the US 29er fleet. By focusing on the core values of our organization and creating a safe, fun and productive learning environment we will achieve these goals.

We are committed to improving our use of technology and improve the efficiency of our daily operation. Athlete engagement and ownership are critical to maintaining our team culture. Our team culture will push everyone to the next level.

Core Values

Commitment to Excellence: Provide a productive, safe, supportive learning environment to guide athletes in the sport of sailing. We constantly improve our knowledge, methods, and accountability.

Integrity: Establish a culture that elevates the integrity of action, character, and the experience of every member of the squad, coaching staff, support group. Accurate communication and organizational transparency. To respect the effort and sacrifice of oneself and her/his teammates through body language, verbal communication, effort, conduct, and efficiency of action.

Consistency: Deep learning and mastery are forged during the process of focused skill building. Intent, efficient and dedicated action pursuing Improve articulation of concepts, fleet playbooks, knowledge of fleet tendency, winning techniques at a world class level.

Action: Time Management, adherence to structure and schedule of activities, briefs, debriefs, on-water action, off-water action, and off-water inactive times. Establish and learn procedures to maximize on water preparation for racing at a world class level.

Structure

2NINER operates under the direction of founder and head coach Phil Muller and hosts talented and passionate guest coaches including former Olympians and professional sailors from time to time. Additional coaching staff will be brought in to support athletes at regattas to maintain a 4 boats to 1 coach ration. All coaching staff is selected based on their commitment to excellence in the sport. All coaches hold CPR/First Aid certifications and hold a minimum of Level 1 certification from their national governing body.

2NINER operates under Muller Sailing, LLC.; a US Sailing “Center of Excellence” program affiliate and insured by Chubb/Gowrie Group Insurance.

Payments, Refunds, Credits

We accept payments via cash/check, PayPal, Venmo, or bank transfer.

Payments for drop-in, clinic, and regatta participation are due on the first day of activity. Seasonal dues are to be paid prior to the start of each season.

No full refunds will be given. New seasonal participants have a 3 week grace period to receive a 50% refund in the event of injury or change of heart. Seasonal dues can be credited to future season and held up to one year for athletes in the event of injury or change of heart. Once an athlete participates in more than 3 weeks no refunds will be given.

Getting Started

Learn to Skiff Clinics are designed for sailors with little to no experience in the 29er to learn the ins & outs of the skiff. Training on-shore and on-water will include focused topics of movement, boat handling, apparent wind angles, & 29er rigging / tuning for all conditions. Clinics are meant to be fun, focused, and develop skills.

Schedule ~ at US Sailing Center Miami

9:40am Arrival Guided Boat Rigging

1000am Team Meeting

1030am On-shore Land Drills

1100am Launch / On-Water

300pm Return to Shore

330pm DeBrief

400pm End of Day/Departure

Punctuality improves our efficiency. Athletes are expected to arrive 15 minutes ahead of our scheduled start time in order to be on time. If late, athletes expected to communicate by sending a text.

What to Bring

Lifejacket, Trapeze harness (provided if you don't have), Thin soled boots, Gloves, Refillable Water Bottle, On-Water Snacks (to be eaten quickly), On-Shore post sailing meal, Notebook.

All 29er equipment is provided for athletes at Learn to Skiff Clinics.

When to Invest in 29er, Boat storage, Vendors

2NINER offers 29er charters for one season to interested participants. Team charter includes hull, all rigging, and sails for \$3200. Charters are made available to interested athletes for one season. Our expectation is that after the first season you'll be ready to invest in a boat.

All boat owners must register for dry-storage with the US Sailing Center Miami, contact Pat Downey.

Vendors

North East	Trevor Parek	Toronto, Canada	9er.ca
	Carson Tulowiski	Newport, Rhode Island	Zim Sailing
	410-903-3439		
South	Mark MacNamara	Seabrook, Texas	KO Sailing
	203-273-3368		
West	John Papadopolous	Newport Beach, California	Double Wave
	949-466-0888		

Annual Calendar Regional, Coastal, National, International, Team Travel

Pre-Season & Core Season dates and details will be available sixty days prior to the first day of programming. Relevant information can be found at <https://2niner.org/calendar2019/>

2NINER guides athletes through the four stages of development: discovery, deep learning, mastery, and leadership. We follow the USOC's American Development Model with our curriculum and utilize technology to anchor theoretical and practical concepts.

We recommend that athletes graduate through stages of participation throughout their career.

Discovery

New athletes begin their introduction to the 29er in a Learn to Skiff Clinic before finding a teammate to pursue consistent skiff sailing. We recommend regular, seasonal training to develop a foundation knowledge of balance and stability skills in the following areas: teamwork, skiff boathandling, trapeze positions and footwork, sail trimming techniques, steering optimization and boat tuning (set up).

Deep Learning

[Stage 1] Once athletes understand the targets of mechanics and performance we develop racing skills, pattern recognition, playbooks and strategic execution. Practice races are conducted and reviewed in a training setting. Regional regatta participation is encouraged.

[Stage 2] Once a level of proficiency and competitiveness has been achieved in training, athletes are encouraged to expand the scope of competition and travel outside of our region for competition and clinics (ODP, B.E.G., CISA).

Mastery

Athletes who become competitive leaders on a national scale will prepare for international travel and competition. At this level, we focus on improving the competitive process to develop the habits, routines, and protocols to perform at the highest level. Athletes will learn to campaign using the same tools and methodology as US Sailing Team athletes.

Leadership

Veteran 29er sailors continue in mentorship, in-boat coach, and coaching roles within our organization while leveling up to Olympic Class 49er/FX skiffs or foiling Nacra17s. “See one, do one, teach one,” is our process toward mastery.

Regattas- Coaching, Athlete Manual, Communication

We believe the most successful structure for athlete support is a 4 boat per 1 coach ratio, so we commit to this ratio at all regattas.

Prior to competition all teammates will receive an “Athlete Manual” that will cover all relevant information to prepare athletes for world class execution. Athletes will connect to coaches and one another through the “What’s App” messenger application. Communication is the most important component of regatta action and we will excel at every level.

Technology, Non-Profit, Future

Our commitment to technology is to provide the best tools for learning and complex concept retention in our athletes. We utilize SPT programming, GPS trackers, action replay software, drone footage, communication headsets, and telemetry software as tools during strategic training days.

2NINER, Inc. is a 501c3 non-profit created to provide funds for scholarships and program investments such as technology tools and equipment. To learn more about [2NINER, Inc. visit our website.](#)

Our athletes were wildly successful this summer and performed at all levels of competition that the 29er class offers:

- Gold Medal at Youth World Sailing Championships ~ Berta Puig & Bella Casaretto
- Silver Medal at 29er Open World Championships ~ Ripley Shelley & Stephan Baker
- Silver Medal at 29er US Nationals ~ Charlotte Leigh & Shane Riera
- Silver Medal at US Youth Championships ~ Connor Boland & Garrett Dixon

Our goal is to continue to develop depth within our ranks and continue to be one of the most successful youth sailing programs in the world.