



**SUMMER  
2018**  
*29er Clinics, Camps  
& Regattas*

29er Sailing Calendar of All Supported Events and Information regarding sign up, fees, travel, lodging coordinated by 2NINER.

Calendar of Events from May 2018 - August 2018

**MAY** >> *Training in Miami*

29er practice for all sailors to be held Saturdays throughout May.

Practice schedule is 10am-4pm at the US Sailing Center Miami.  
Cost \$100/day.

Dates: **May 5, 12, & 19th.**

RSVP email: philip@mullersailing.com

**JUNE** >>> *Clinics in Miami*

29er training camps for summer competitors & novice skiff sailors to be held Monday through Friday, 10am-4pm at the US Sailing Center Miami.

**Clinic # 1 June 4 - 8** (2 slots left)  
**Clinic # 2 June 11 - 15**  
**Clinic # 3 June 18 - 22**

Cost \$425/sailor/clinic

**More on Miami Camps**

*Daily Schedule:*

- 9:45am Arrival
- 10:00am Morning Briefing  
Discuss Daily Goals  
Review Video
- 11:00am Launch, On-Water Training
- 3:30pm On-Shore Debrief
- 4:00pm Depart

Athletes should come prepared with refillable water bottle, energy bars, and lunch to eat after sailing.

Once we begin training for the day, we only break for water and quick discussion.

**What About Boats ?**

**2NINER** has 29ers available for our clinics and camps in Miami. Inquire directly with Phil Muller about what's available for each session.

US Sailing Youth Champs Regatta in Wrightsville Beach, NC will be an excellent, ocean raced event in challenging conditions.

July Sessions at Roger Williams University will provide the structure and focus of a full camp experience in preparation for US 29er Nationals 35 minutes away in Buzzard's Bay.

### AWAY EVENTS

June 23-27

**US Sailing Youth Championships in**  
Wrightsville Beach, North Carolina.

29er fleet coaching provided by  
Fred Strammer, cost free to athletes  
with Youth Champs registration.

Recommended *Zim Sailing 29er*  
charter for regatta. Est cost: \$1,325  
no sails; +\$600 sails

**JULY >>>> Core Training Camps**

**July 5-9    Session 1+ \*Wickford Regatta**

**July 11-14    Session 2**

**July 16-19    Session 3**

Camps held at Roger Williams University  
in Bristol, Rhode Island in partnership with  
New England 29er fleet.  
Cost: \$450/sailor/session

Lodging on campus, RWU dormitory  
rooms \$22.50 pp for double occupancy or  
\$26.50 for single per night.

Meal plan: \$30/day for 3 meals  
\$5/daily gym fee.

### More on Training Camps at Roger Williams University.

*Daily Schedule:*

8:00am    *Breakfast*

9:00am    *Morning Briefing*

*Video Review*

*Discuss Daily Goals*

11:00am    *Launch, On-Water Training*

1:00 pm    *Lunch break*

2:00 pm    *Re-Launch, On-Water*

5:30 pm    *Daily Debrief*

6:00 pm    *Dinner*

7:30 pm    *Athlete Presentations*

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### Session 1 \* Wickford Regatta

*Schedule:*

*July 6 - Distance race to Wickford*

*July 7-8 Wickford Regatta*

*(athletes to return to RWU daily.)*

*July 9 - Distance race to Bristol*

*More info: [wickfordregatta.com](http://wickfordregatta.com)*

Our Summer 2018 efforts focused on the 2018 US 29er National Championships held at New Bedford Community Boating Center from July 20-23, 2018.

Our goal is to put together 4 boat teams per coach to maximize efficiency of team dynamic, coach's attention, and financial impact for athletes.

### JULY

29er US Nationals at New Bedford Community Boating Center, racing held in Buzzard's Bay. Event: July 20-23, 2018



Cost: \$460/sailor

Recommended *Zim Sailing 29er* charter for regatta.  
Est cost: \$1,325 no sails; +\$600 sails

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### AUGUST

August 2 - August 6  
29er Canadian Nationals in Kingston, Ontario. The final east coast summer 29er event of the season.

Includes 2 day training camp, Aug 2-3 and regatta Aug 4-6.  
Cost: \$575/sailor

### COACHES

**Phil Muller**, 2NINER, will work with athletes at Miami clinics, Youth Champs (World's Team only), US Nationals, and Canadians.

**Fred Moffat**, Assistant Coach at Jacksonville University and weather expert, will be at July Training Camps at Roger Williams and US Nationals in Buzzard's Bay.

**Nic Muller**, College of Charleston and 29er expert will be at Miami clinics and July Training Camps at Roger Williams.

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### BREAKDOWN

18 >>>>> Training Days in Miami

14 >>>>> Training Days Away

12 >>>>> Regatta Days

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44 <<< Total 29er Days this Summer

## HOME in Miami, FL

MAY 5, 12, 19 **Skiff Saturdays**

JUNE 4-8 **Skiff Camp #1**

JUNE 11-15 **Skiff Camp #2**

JUNE 18-22 **Skiff Camp #3**

## AWAY

JUNE 23-27 **US Sailing Youth Champs**  
Wrightsville Beach, NC

JULY 5-9	<b>Session #1</b>	}	<b>Combined Training at Roger Williams Univ. in Bristol, RI</b>
JULY 11-14	<b>Session #2</b>		
JULY 16-19	<b>Session #3</b>		

JULY 20-23 **US 29er National Championships**  
New Bedford, MA

AUGUST 2-6 **29er Canadian Nationals**  
Kingston, Ontario

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