

SCHEDULE OF EVENTS



SAT	0900	Registration / Check In at US Sailing Center Miami
Feb. 17	1000	Welcome & Morning Briefing: Presentation Phil – Hong Kong Worlds Lessons Athlete Presentation Severin Gramm – Tuning Guide
	1130	On-Water Drills Begin
	1300	First Warning Signal
	1500	Last possible start
	1630	Power Snack & Presentation: Fred Strammer – “Foundation of Strength”
SUN	0830	Athlete Arrival / Rigging at US Sailing Center Miami
Feb. 18	0900	Morning Briefing: Presentation Phil & Chris Williford – Drone/Footage Review from Sat. Athlete Presentation B Lindsay – Equipment Prep
	1030	On-Water Drills Begin
	1300	First Warning Signal
	1500	Last possible start
	1630	Power Snack & Presentation: Sarah Newberry – “Foiling Generation”
MON	0830	Athlete Arrival / Rigging at US Sailing Center Miami
Feb. 19	0900	Morning Briefing: Presentation Luke Muller – “Pursuit of Excellence”
	1030	On-Water Drills Begin
	1200	First Warning Signal
	1430	Last possible start
	1330	Power Snack, Raffle & Awards

This year's event proudly hosted by 2NINER, Inc.

Our Thanks to our Sponsors for their support of *2018 Spring Skiff Fest*.

US *29er* Class Association



Carson Turowski
carson@zimsailing.com



Brendan Healy
brendan@npusa.com

S|P|T

Sailing Performance Training
Fred Strammer
fred@sailingperformancetraining.com